

# DIMANCHE 24 AVRIL 2016

TFB TC / TFC TC // TFA TC / NAT ENS 10 -11 ANS

				ECHAUFFEMENT CORPOREL		ECHAUFFEMENT ENIGNS						SALLE DE COMPETITION								
N°	CLUB	NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min	
1	GYM TREVOUX	13:50:00	14:00:00	14:05:00		14:25:00	14:30:00	14:40:00					14:55:00	15:05:00	15:10:00	15:15:00	15:20:00		15:26:00	15:30:00
2	BOURG DE PEAGE	13:52:15	14:02:15		14:07:15	14:27:15			14:32:15	14:42:15			14:57:15	15:07:15	15:12:15	15:17:15		15:22:15	15:28:15	15:32:15
3	GR CROLLES	13:54:45	14:04:45	14:09:45		14:29:45					14:34:45	14:44:45	14:59:45	15:09:45	15:14:45	15:19:45	15:24:45		15:30:45	15:34:45
4	STADE LAURENTIN	13:57:00	14:07:00		14:12:00	14:32:00	14:37:00	14:47:00					15:02:00	15:12:00	15:17:00	15:22:00		15:27:00	15:33:00	15:37:00
5	MONTANAY GR	13:59:30	14:09:30	14:14:30		14:34:30			14:39:30	14:49:30			15:04:30	15:14:30	15:19:30	15:24:30	15:29:30		15:35:30	15:39:30
6	MOUANS SARTOUX	14:01:45	14:11:45		14:16:45	14:36:45					14:41:45	14:51:45	15:06:45	15:16:45	15:21:45	15:26:45		15:31:45	15:37:45	15:41:45
7	LYON MONTCHAT	14:04:15	14:14:15	14:19:15		14:39:15	14:44:15	14:54:15					15:09:15	15:19:15	15:24:15	15:29:15	15:34:15		15:40:15	15:44:15
8	UG SAINT EGREVE	14:06:30	14:16:30		14:21:30	14:41:30			14:46:30	14:56:30			15:11:30	15:21:30	15:26:30	15:31:30		15:36:30	15:42:30	15:46:30
9	GR VITROLLES	14:09:00	14:19:00	14:24:00		14:44:00					14:49:00	14:59:00	15:14:00	15:24:00	15:29:00	15:34:00	15:39:00		15:45:00	15:49:00
10	SPCOC	14:10:45	14:20:45		14:25:45	14:45:45	14:50:45	15:00:45					15:15:45	15:25:45	15:30:45	15:35:45		15:40:45	15:46:45	15:50:45
11	AJS LA GARDE	14:13:15	14:23:15	14:28:15		14:48:15			14:53:15	15:03:15			15:18:15	15:28:15	15:33:15	15:38:15	15:43:15		15:49:15	15:53:15
12	LA FARLEDE	14:15:30	14:25:30		14:30:30	14:50:30					14:55:30	15:05:30	15:20:30	15:30:30	15:35:30	15:40:30		15:45:30	15:51:30	15:55:30
13	US AUBENAS	14:18:00	14:28:00	14:33:00		14:53:00	14:58:00	15:08:00					15:23:00	15:33:00	15:38:00	15:43:00	15:48:00		15:54:00	15:58:00
14	AJS LA GARDE	14:20:15	14:30:15		14:35:15	14:55:15			15:00:15	15:10:15			15:25:15	15:35:15	15:40:15	15:45:15		15:50:15	15:56:15	16:00:15
15	AS FONTAINE	14:22:45	14:32:45	14:37:45		14:57:45					15:02:45	15:12:45	15:27:45	15:37:45	15:42:45	15:47:45	15:52:45		15:58:45	16:02:45
16	SALESIEENNE ANNECY	14:24:00	14:34:00		14:39:00	14:59:00	15:04:00	15:14:00					15:29:00	15:39:00	15:44:00	15:49:00		15:54:00	16:00:00	16:04:00
17	JAA CALUIRE	14:26:30	14:36:30	14:41:30		15:01:30			15:06:30	15:16:30			15:31:30	15:41:30	15:46:30	15:51:30	15:56:30		16:02:30	16:06:30
18	ECULLY GR	14:28:45	14:38:45		14:43:45	15:03:45					15:08:45	15:18:45	15:33:45	15:43:45	15:48:45	15:53:45		15:58:45	16:04:45	16:08:45
19	ALLOBROGE ANNECY	14:31:15	14:41:15	14:46:15		15:06:15	15:11:15	15:21:15					15:36:15	15:46:15	15:51:15	15:56:15	16:01:15		16:07:15	16:11:15
20	GR RILLIEUX	14:33:30	14:43:30		14:48:30	15:08:30			15:13:30	15:23:30			15:38:30	15:48:30	15:53:30	15:58:30		16:03:30	16:09:30	16:13:30
21	CHASSIEU GR	14:34:30	14:44:30	14:49:30		15:09:30					15:14:30	15:24:30	15:39:30	15:49:30	15:54:30	15:59:30	16:04:30		16:10:30	16:14:30
22	CO BANDOL	14:36:45	14:46:45		14:51:45	15:11:45	15:16:45	15:26:45					15:41:45	15:51:45	15:56:45	16:01:45		16:06:45	16:12:45	16:16:45
23	CG RILLIEUX	14:39:15	14:49:15	14:54:15		15:14:15			15:19:15	15:29:15			15:44:15	15:54:15	15:59:15	16:04:15	16:09:15		16:15:15	16:19:15
24	CHASSIEU GR	14:41:30	14:51:30		14:56:30	15:16:30					15:21:30	15:31:30	15:46:30	15:56:30	16:01:30	16:06:30		16:11:30	16:17:30	16:21:30
25	ECULLY GR	14:44:00	14:54:00	14:59:00		15:19:00	15:24:00	15:34:00					15:49:00	15:59:00	16:04:00	16:09:00	16:14:00		16:20:00	16:24:00
26	AL MIONS	14:46:15	14:56:15		15:01:15	15:21:15			15:26:15	15:36:15			15:51:15	16:01:15	16:06:15	16:11:15		16:16:15	16:22:15	16:26:15
27	CORBAS GR	14:49:45	14:59:45	15:04:45		15:24:45					15:29:45	15:39:45	15:54:45	16:04:45	16:09:45	16:14:45	16:19:45		16:25:45	16:29:45
28	SCO STE MARGUERITE	14:53:00	15:03:00		15:08:00	15:28:00	15:33:00	15:43:00					15:58:00	16:08:00	16:13:00	16:18:00		16:23:00	16:29:00	16:33:00
29	MONACO GR	14:55:30	15:05:30	15:10:30		15:30:30			15:35:30	15:45:30			16:00:30	16:10:30	16:15:30	16:20:30	16:25:30		16:31:30	16:35:30
30	BOURGOIN JALLIEU	14:58:30	15:08:30		15:13:30	15:33:30					15:38:30	15:48:30	16:03:30	16:13:30	16:18:30	16:23:30		16:28:30	16:34:30	16:38:30
31	UGC SOLLIES	15:00:00	15:10:00	15:15:00		15:35:00	15:40:00	15:50:00					16:05:00	16:15:00	16:20:00	16:25:00	16:30:00		16:36:00	16:40:00
32	CGRFZ GRIMAUD	15:03:00	15:13:00		15:18:00	15:38:00			15:43:00	15:53:00			16:08:00	16:18:00	16:23:00	16:28:00		16:33:00	16:39:00	16:43:00
33	CG RILLIEUX	15:05:30	15:15:30	15:20:30		15:40:30					15:45:30	15:55:30	16:10:30	16:20:30	16:25:30	16:30:30	16:35:30		16:41:30	16:45:30
34	SLC MARTIGUES	15:08:30	15:18:30		15:23:30	15:43:30	15:48:30	15:58:30					16:13:30	16:23:30	16:28:30	16:33:30		16:38:30	16:44:30	16:48:30
35	AC SEYSSINET	15:11:00	15:21:00	15:26:00		15:46:00			15:51:00	16:01:00			16:16:00	16:26:00	16:31:00	16:36:00	16:41:00		16:47:00	16:51:00

36	GR CROLLES	15:12:30	15:22:30		15:27:30	15:47:30					15:52:30	16:02:30	16:17:30	16:27:30	16:32:30	16:37:30		16:42:30	16:48:30	16:52:30	
37	GR VITROLLES	15:15:30	15:25:30	15:30:30		15:50:30	15:55:30	16:05:30					16:20:30	16:30:30	16:35:30	16:40:30	16:45:30		16:51:30	16:55:30	
38	GYM TREVoux	15:18:00	15:28:00		15:33:00	15:53:00				15:58:00	16:08:00			16:23:00	16:33:00	16:38:00	16:43:00		16:48:00	16:54:00	16:58:00
39	CHASSIEU GR	15:20:30	15:30:30	15:35:30		15:55:30						16:00:30	16:10:30	16:25:30	16:35:30	16:40:30	16:45:30	16:50:30		16:56:30	17:00:30
40	GRENOBLE GYM	15:23:30	15:33:30		15:38:30	15:58:30	16:03:30	16:13:30						16:28:30	16:38:30	16:43:30	16:48:30		16:53:30	16:59:30	17:03:30
41	LYON MONTCHAT	15:26:00	15:36:00	15:41:00		16:01:00				16:06:00	16:16:00			16:31:00	16:41:00	16:46:00	16:51:00	16:56:00		17:02:00	17:06:00
42	STADE LAURENTIN	15:29:00	15:39:00		15:44:00	16:04:00						16:09:00	16:19:00	16:34:00	16:44:00	16:49:00	16:54:00		16:59:00	17:05:00	17:09:00
43	BOURG EN BRESSE	15:32:00	15:42:00	15:47:00		16:07:00	16:12:00	16:22:00						16:37:00	16:47:00	16:52:00	16:57:00	17:02:00		17:08:00	17:12:00
44	BOURGOIN JALLIEU	15:35:00	15:45:00		15:50:00	16:10:00				16:15:00	16:25:00			16:40:00	16:50:00	16:55:00	17:00:00		17:05:00	17:11:00	17:15:00
45	AJS LA GARDE	15:38:00	15:48:00	15:53:00		16:13:00						16:18:00	16:28:00	16:43:00	16:53:00	16:58:00	17:03:00	17:08:00		17:14:00	17:18:00
46	UGC SOLLIES	15:41:00	15:51:00		15:56:00	16:16:00	16:21:00	16:31:00						16:46:00	16:56:00	17:01:00	17:06:00		17:11:00	17:17:00	17:21:00
47	ROQUEBRUNOISE	15:44:00	15:54:00	15:59:00		16:19:00				16:24:00	16:34:00			16:49:00	16:59:00	17:04:00	17:09:00	17:14:00		17:20:00	17:24:00
48		15:47:00	15:57:00		16:02:00	16:22:00						16:27:00	16:37:00	16:52:00	17:02:00	17:07:00	17:12:00		17:17:00	17:23:00	17:27:00
49	GCP AJACCIO	15:50:00	16:00:00	16:05:00		16:25:00	16:30:00	16:40:00						16:55:00	17:05:00	17:10:00	17:15:00	17:20:00		17:26:00	17:30:00





# DIMANCHE 24 AVRIL 2016

## TROPHEE FEDERAL B 17 et - // TROPHEE FEDERAL C 13 et -

N°	CLUB	ECHAUFFEMENT CORPOREL		ECHAUFFEMENT ENGIN								SALLE DE COMPETITION								
		NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min	
1	US AUBENAS	12:20:00	12:30:00	12:35:00		12:55:00	13:00:00	13:10:00					13:25:00	13:35:00	13:40:00	13:45:00	13:50:00		13:56:00	14:00:00
2	VALENCE GYM	12:22:15	12:32:15		12:37:15	12:57:15			13:02:15	13:12:15			13:27:15	13:37:15	13:42:15	13:47:15		13:52:15	13:58:15	14:02:15
3	GYM TREVOUX	12:25:15	12:35:15	12:40:15		13:00:15					13:05:15	13:15:15	13:30:15	13:40:15	13:45:15	13:50:15	13:55:15		14:01:15	14:05:15
4	MONACO GR	12:27:30	12:37:30		12:42:30	13:02:30	13:07:30	13:17:30					13:32:30	13:42:30	13:47:30	13:52:30		13:57:30	14:03:30	14:07:30
5	LYON MONTCHAT	12:30:30	12:40:30	12:45:30		13:05:30			13:10:30	13:20:30			13:35:30	13:45:30	13:50:30	13:55:30	14:00:30		14:06:30	14:10:30
6	AJS LA GARDE	12:32:45	12:42:45		12:47:45	13:07:45					13:12:45	13:22:45	13:37:45	13:47:45	13:52:45	13:57:45		14:02:45	14:08:45	14:12:45
7	AG ROQUEBRUNOISE	12:35:45	12:45:45	12:50:45		13:10:45	13:15:45	13:25:45					13:40:45	13:50:45	13:55:45	14:00:45	14:05:45		14:11:45	14:15:45
8	AMBERIEU EN BUGEY	12:38:00	12:48:00		12:53:00	13:13:00			13:18:00	13:28:00			13:43:00	13:53:00	13:58:00	14:03:00		14:08:00	14:14:00	14:18:00
9	AS SAINT RAPHAEL	12:41:00	12:51:00	12:56:00		13:16:00					13:21:00	13:31:00	13:46:00	13:56:00	14:01:00	14:06:00	14:11:00		14:17:00	14:21:00
10	AC SEYSSINET	12:43:15	12:53:15		12:58:15	13:18:15	13:23:15	13:33:15					13:48:15	13:58:15	14:03:15	14:08:15	14:13:15		14:19:15	14:23:15
11	LA FARLEDE	12:46:15	12:56:15	13:01:15		13:21:15			13:26:15	13:36:15			13:51:15	14:01:15	14:06:15	14:11:15	14:16:15		14:22:15	14:26:15
12	CG RILLIEUX	12:48:30	12:58:30		13:03:30	13:23:30					13:28:30	13:38:30	13:53:30	14:03:30	14:08:30	14:13:30		14:18:30	14:24:30	14:28:30
13	LYON GR	12:51:30	13:01:30	13:06:30		13:26:30	13:31:30	13:41:30					13:56:30	14:06:30	14:11:30	14:16:30	14:21:30		14:27:30	14:31:30
14	LYON MONTCHAT	12:53:45	13:03:45		13:08:45	13:28:45			13:33:45	13:43:45			13:58:45	14:08:45	14:13:45	14:18:45		14:23:45	14:29:45	14:33:45
15	BOURG EN BRESSE	12:56:45	13:06:45	13:11:45		13:31:45					13:36:45	13:46:45	14:01:45	14:11:45	14:16:45	14:21:45	14:26:45		14:32:45	14:36:45
16	UGC SOLLIES	12:59:00	13:09:00		13:14:00	13:34:00	13:39:00	13:49:00					14:04:00	14:14:00	14:19:00	14:24:00		14:29:00	14:35:00	14:39:00
17	CO BANDOL	13:02:00	13:12:00	13:17:00		13:37:00			13:42:00	13:52:00			14:07:00	14:17:00	14:22:00	14:27:00	14:32:00		14:38:00	14:42:00
18	GYM TREVOUX	13:04:15	13:14:15		13:19:15	13:39:15					13:44:15	13:54:15	14:09:15	14:19:15	14:24:15	14:29:15		14:34:15	14:40:15	14:44:15
19	GR CROLLES	13:07:15	13:17:15	13:22:15		13:42:15	13:47:15	13:57:15					14:12:15	14:22:15	14:27:15	14:32:15	14:37:15		14:43:15	14:47:15
20	CO BANDOL	13:09:30	13:19:30		13:24:30	13:44:30			13:49:30	13:59:30			14:14:30	14:24:30	14:29:30	14:34:30		14:39:30	14:45:30	14:49:30
21	CO VALBONNE	13:12:30	13:22:30	13:27:30		13:47:30					13:52:30	14:02:30	14:17:30	14:27:30	14:32:30	14:37:30	14:42:30		14:48:30	14:52:30
22	AL MIONS	13:14:45	13:24:45		13:29:45	13:49:45	13:54:45	14:04:45					14:19:45	14:29:45	14:34:45	14:39:45		14:44:45	14:50:45	14:54:45
23	MOUANS SARTOUX	13:17:45	13:27:45	13:32:45		13:52:45			13:57:45	14:07:45			14:22:45	14:32:45	14:37:45	14:42:45	14:47:45		14:53:45	14:57:45
24	BOURGOIN JALLIEU	13:19:00	13:29:00		13:34:00	13:54:00					13:59:00	14:09:00	14:24:00	14:34:00	14:39:00	14:44:00		14:49:00	14:55:00	14:59:00
25	CG RILLIEUX	13:22:00	13:32:00	13:37:00		13:57:00	14:02:00	14:12:00					14:27:00	14:37:00	14:42:00	14:47:00	14:52:00		14:58:00	15:02:00
26	GR CROLLES	13:24:15	13:34:15		13:39:15	13:59:15			14:04:15	14:14:15			14:29:15	14:39:15	14:44:15	14:49:15		14:54:15	15:00:15	15:04:15
27	AMBERIEU EN BUGEY	13:27:15	13:37:15	13:42:15		14:02:15					14:07:15	14:17:15	14:32:15	14:42:15	14:47:15	14:52:15	14:57:15		15:03:15	15:07:15
28	SALON DE PROVENCE	13:29:30	13:39:30		13:44:30	14:04:30	14:09:30	14:19:30					14:34:30	14:44:30	14:49:30	14:54:30		14:59:30	15:05:30	15:09:30
29	SCO STE MARGUERITE	13:32:30	13:42:30	13:47:30		14:07:30			14:12:30	14:22:30			14:37:30	14:47:30	14:52:30	14:57:30	15:02:30		15:08:30	15:12:30
30		13:34:45	13:44:45		13:49:45	14:09:45					14:14:45	14:24:45	14:39:45	14:49:45	14:54:45	14:59:45		15:04:45	15:10:45	15:14:45
31	AJS LA GARDE	13:37:45	13:47:45	13:52:45		14:12:45	14:17:45	14:27:45					14:42:45	14:52:45	14:57:45	15:02:45	15:07:45		15:13:45	15:17:45
32		13:40:00	13:50:00		13:55:00	14:15:00			14:20:00	14:30:00			14:45:00	14:55:00	15:00:00	15:05:00		15:10:00	15:16:00	15:20:00
33	LA MONTILLENNE	13:43:00	13:53:00	13:58:00		14:18:00					14:23:00	14:33:00	14:48:00	14:58:00	15:03:00	15:08:00	15:13:00		15:19:00	15:23:00
34		13:45:15	13:55:15		14:00:15	14:20:15	14:25:15	14:35:15					14:47:00	14:57:00	15:02:00	15:07:00		15:12:00	15:18:00	15:22:00
35	UGC SOLLIES	13:48:15	13:58:15	14:03:15		14:23:15			14:28:15	14:38:15			14:50:00	15:00:00	15:05:00	15:10:00	15:15:00		15:21:00	15:25:00

36		13:50:45	14:00:45		14:05:45	14:25:45					14:30:45	14:40:45	14:52:00	15:02:00	15:07:00	15:12:00		15:17:00	15:23:00	15:27:00
37	GR SAINT CLAIR	13:53:45	14:03:45	14:08:45		14:28:45	14:33:45	14:43:45					14:55:00	15:05:00	15:10:00	15:15:00	15:20:00		15:26:00	15:30:00
38		13:56:00	14:06:00		14:11:00	14:31:00			14:36:00	14:46:00			14:57:00	15:07:00	15:12:00	15:17:00		15:22:00	15:28:00	15:32:00
39	AL MIONS	13:59:00	14:09:00	14:14:00		14:34:00					14:39:00	14:49:00	15:00:00	15:10:00	15:15:00	15:20:00	15:25:00		15:31:00	15:35:00





# DIMANCHE 24 AVRIL 2016

## TROPHEE FEDERAL B 10 - 11 ANS // TROPHEE FEDERAL A 13 et -

N°	CLUB	NAVETTE	VESTIAIRE	ECHAUFFEMENT CORPOREL		DEPART	ECHAUFFEMENT ENIGNS						NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE DE COMPETITION		PREPA	PASSAGE
				Salle 1	Salle 2		ZONE 1		ZONE 2		ZONE 3						ZONE A	ZONE B		
				10 min	5 min		20 min	5 min	A 10 min	B 15 min	A 10 min	B 15 min					A 10 min	B 15 min		
1	AL MOINS	08:40:00	08:50:00	08:55:00		09:15:00	09:20:00	09:30:00					09:45:00	09:55:00	10:00:00	10:05:00	10:10:00		10:16:00	10:20:00
2	ECULLY GR	08:42:15	08:52:15		08:57:15	09:17:15			09:22:15	09:32:15			09:47:15	09:57:15	10:02:15	10:07:15		10:12:15	10:18:15	10:22:15
3	SALON DE PROVENCE	08:44:45	08:54:45	08:59:45		09:19:45					09:24:45	09:34:45	09:49:45	09:59:45	10:04:45	10:09:45	10:14:45		10:20:45	10:24:45
4	CO BANDOL	08:46:00	08:56:00		09:01:00	09:21:00	09:26:00	09:36:00					09:51:00	10:01:00	10:06:00	10:11:00		10:16:00	10:22:00	10:26:00
5	AS SAINT RAPHAEL	08:48:30	08:58:30	09:03:30		09:23:30			09:28:30	09:38:30			09:53:30	10:03:30	10:08:30	10:13:30	10:18:30		10:24:30	10:28:30
6	SCO STE MARGUERITE	08:50:45	09:00:45		09:05:45	09:25:45					09:30:45	09:40:45	09:55:45	10:05:45	10:10:45	10:15:45		10:20:45	10:26:45	10:30:45
7	AS AUBENAS	08:53:15	09:03:15	09:08:15		09:28:15	09:33:15	09:43:15					09:58:15	10:08:15	10:13:15	10:18:15	10:23:15		10:29:15	10:33:15
8	GRENOBLE GYM	08:55:30	09:05:30		09:10:30	09:30:30			09:35:30	09:45:30			10:00:30	10:10:30	10:15:30	10:20:30		10:25:30	10:31:30	10:35:30
9	STADE LAURENTIN	08:58:00	09:08:00	09:13:00		09:33:00					09:38:00	09:48:00	10:03:00	10:13:00	10:18:00	10:23:00	10:28:00		10:34:00	10:38:00
10	AG TAIN TOURNON	09:00:15	09:10:15		09:15:15	09:35:15	09:40:15	09:50:15					10:05:15	10:15:15	10:20:15	10:25:15		10:30:15	10:36:15	10:40:15
11	CG BONNEVEINE	09:02:30	09:12:30	09:17:30		09:37:30			09:42:30	09:52:30			10:07:30	10:17:30	10:22:30	10:27:30	10:32:30		10:38:30	10:42:30
12	AG GHISONACCIA	09:04:45	09:14:45		09:19:45	09:39:45					09:44:45	09:54:45	10:09:45	10:19:45	10:24:45	10:29:45		10:34:45	10:40:45	10:44:45
13	ECULLY GR	09:07:15	09:17:15	09:22:15		09:42:15	09:47:15	09:57:15					10:12:15	10:22:15	10:27:15	10:32:15	10:37:15		10:43:15	10:47:15
14	GR AIX EN PROVENCE	09:09:30	09:19:30		09:24:30	09:44:30			09:49:30	09:59:30			10:14:30	10:24:30	10:29:30	10:34:30		10:39:30	10:45:30	10:49:30
15	AL LENTILLY	09:12:00	09:22:00	09:27:00		09:47:00					09:52:00	10:02:00	10:17:00	10:27:00	10:32:00	10:37:00	10:42:00		10:48:00	10:52:00
16	UGC SOLLIES	09:14:15	09:24:15		09:29:15	09:49:15	09:54:15	10:04:15					10:19:15	10:29:15	10:34:15	10:39:15		10:44:15	10:50:15	10:54:15
17	AC SEYSSINET	09:16:45	09:26:45	09:31:45		09:51:45			09:56:45	10:06:45			10:21:45	10:31:45	10:36:45	10:41:45	10:46:45		10:52:45	10:56:45
18	AMBERIEU EN BUGEY	09:19:00	09:29:00		09:34:00	09:54:00					09:59:00	10:09:00	10:24:00	10:34:00	10:39:00	10:44:00		10:49:00	10:55:00	10:59:00
19	ALLOBROGE ANNECY	09:21:30	09:31:30	09:36:30		09:56:30	10:01:30	10:11:30					10:26:30	10:36:30	10:41:30	10:46:30	10:51:30		10:57:30	11:01:30
20	ISTRES GR	09:23:45	09:33:45		09:38:45	09:58:45			10:03:45	10:13:45			10:28:45	10:38:45	10:43:45	10:48:45		10:53:45	10:59:45	11:03:45
21	AISA	09:26:00	09:36:00	09:41:00		10:01:00					10:06:00	10:16:00	10:31:00	10:41:00	10:46:00	10:51:00	10:56:00		11:02:00	11:06:00
22	CG RILLIEUX	09:28:15	09:38:15		09:43:15	10:03:15	10:08:15	10:18:15					10:33:15	10:43:15	10:48:15	10:53:15		10:58:15	11:04:15	11:08:15
23	LYON MONTCHAT	09:30:45	09:40:45	09:45:45		10:05:45			10:10:45	10:20:45			10:35:45	10:45:45	10:50:45	10:55:45	11:00:45		11:06:45	11:10:45
24	GR CROLLES	09:33:00	09:43:00		09:48:00	10:08:00					10:13:00	10:23:00	10:38:00	10:48:00	10:53:00	10:58:00		11:03:00	11:09:00	11:13:00
25	EGG AVIGNON 1	09:35:30	09:45:30	09:50:30		10:10:30	10:15:30	10:25:30					10:40:30	10:50:30	10:55:30	11:00:30	11:05:30		11:11:30	11:15:30
26	ASPTT NICE	09:37:45	09:47:45		09:52:45	10:12:45			10:17:45	10:27:45			10:42:45	10:52:45	10:57:45	11:02:45		11:07:45	11:13:45	11:17:45
27	SC MOUANS SARTOUX	09:40:15	09:50:15	09:55:15		10:15:15					10:20:15	10:30:15	10:45:15	10:55:15	11:00:15	11:05:15	11:10:15		11:16:15	11:20:15
28	GR VITROLLES 2	09:42:30	09:52:30		09:57:30	10:17:30	10:22:30	10:32:30					10:47:30	10:57:30	11:02:30	11:07:30		11:12:30	11:18:30	11:22:30
29	ISTRES GR	09:44:15	09:54:15	09:59:15		10:19:15			10:24:15	10:34:15			10:49:15	10:59:15	11:04:15	11:09:15	11:14:15		11:20:15	11:24:15
30	CORBAS GR	09:46:30	09:56:30		10:01:30	10:21:30					10:26:30	10:36:30	10:51:30	11:01:30	11:06:30	11:11:30		11:16:30	11:22:30	11:26:30
31	AJS LA GARDE	09:48:45	09:58:45	10:03:45		10:23:45	10:28:45	10:38:45					10:53:45	11:03:45	11:08:45	11:13:45	11:18:45		11:24:45	11:28:45
32	CGRFJ GRIMAUD	09:51:15	10:01:15		10:06:15	10:26:15			10:31:15	10:41:15			10:56:15	11:06:15	11:11:15	11:16:15		11:21:15	11:27:15	11:31:15
33	GR AIX EN PROVENCE	09:53:45	10:03:45	10:08:45		10:28:45					10:33:45	10:43:45	10:58:45	11:08:45	11:13:45	11:18:45	11:23:45		11:29:45	11:33:45
34	AISA	09:56:00	10:06:00		10:11:00	10:31:00	10:36:00	10:46:00					11:01:00	11:11:00	11:16:00	11:21:00		11:26:00	11:32:00	11:36:00
35	EGG AVIGNON 2	09:58:30	10:08:30	10:13:30		10:33:30			10:38:30	10:48:30			11:03:30	11:13:30	11:18:30	11:23:30	11:28:30		11:34:30	11:38:30

36	BELLEGARDE	10:01:15	10:11:15		10:16:15	10:36:15				10:41:15	10:51:15	11:06:15	11:16:15	11:21:15	11:26:15		11:31:15	11:37:15	11:41:15	
37	JL BOURG EN BRESSE	10:03:45	10:13:45	10:18:45		10:38:45	10:43:45	10:53:45				11:08:45	11:18:45	11:23:45	11:28:45	11:33:45		11:39:45	11:43:45	
38	GR VITROLLES 1	10:06:00	10:16:00		10:21:00	10:41:00			10:46:00	10:56:00			11:11:00	11:21:00	11:26:00	11:31:00		11:36:00	11:42:00	11:46:00
39	SLC MARTIGUES	10:08:30	10:18:30	10:23:30		10:43:30					10:48:30	10:58:30	11:13:30	11:23:30	11:28:30	11:33:30	11:38:30		11:44:30	11:48:30
40	MONTANAY GR	10:10:45	10:20:45		10:25:45	10:45:45	10:50:45	11:00:45					11:15:45	11:25:45	11:30:45	11:35:45		11:40:45	11:46:45	11:50:45
41	AMBERIEU EN BUGEY	10:13:15	10:23:15	10:28:15		10:48:15			10:53:15	11:03:15			11:18:15	11:28:15	11:33:15	11:38:15	11:43:15		11:49:15	11:53:15
42	SPCOC	10:15:30	10:25:30		10:30:30	10:50:30					10:55:30	11:05:30	11:20:30	11:30:30	11:35:30	11:40:30		11:45:30	11:51:30	11:55:30
43	SPCOC	10:18:00	10:28:00	10:33:00		10:53:00	10:58:00	11:08:00					11:23:00	11:33:00	11:38:00	11:43:00	11:48:00		11:54:00	11:58:00
44	LA FARLEDE	10:20:15	10:30:15		10:35:15	10:55:15			11:00:15	11:10:15			11:25:15	11:35:15	11:40:15	11:45:15		11:50:15	11:56:15	12:00:15
45	BOURGOIN JALLIEU	10:22:45	10:32:45	10:37:45		10:57:45					11:02:45	11:12:45	11:27:45	11:37:45	11:42:45	11:47:45	11:52:45		11:58:45	12:02:45
46	AEB CHAMBERY	10:25:00	10:35:00		10:40:00	11:00:00	11:05:00	11:15:00					11:30:00	11:40:00	11:45:00	11:50:00		11:55:00	12:01:00	12:05:00
47	AS COGOLIN	10:27:30	10:37:30	10:42:30		11:02:30			11:07:30	11:17:30			11:32:30	11:42:30	11:47:30	11:52:30	11:57:30		12:03:30	12:07:30
48	STADE LAURENTIN	10:29:45	10:39:45		10:44:45	11:04:45					11:09:45	11:19:45	11:34:45	11:44:45	11:49:45	11:54:45		11:59:45	12:05:45	12:09:45
49	AS FONTAINE	10:32:15	10:42:15	10:47:15		11:07:15	11:12:15	11:22:15					11:37:15	11:47:15	11:52:15	11:57:15	12:02:15		12:08:15	12:12:15
50	MOUANS SARTOUX	10:34:30	10:44:30		10:49:30	11:09:30			11:14:30	11:24:30			11:39:30	11:49:30	11:54:30	11:59:30		12:04:30	12:10:30	12:14:30
51	UGC SOLLIES	10:37:00	10:47:00	10:52:00		11:12:00					11:17:00	11:27:00	11:42:00	11:52:00	11:57:00	12:02:00	12:07:00		12:13:00	12:17:00
52	BOURGOIN JALLIEU	10:39:15	10:49:15		10:54:15	11:14:15	11:19:15	11:29:15					11:44:15	11:54:15	11:59:15	12:04:15		12:09:15	12:15:15	12:19:15
53	GR VITROLLES	10:41:45	10:51:45	10:56:45		11:16:45			11:21:45	11:31:45			11:46:45	11:56:45	12:01:45	12:06:45	12:11:45		12:17:45	12:21:45
54		10:44:00	10:54:00		10:59:00	11:19:00					11:24:00	11:34:00	11:49:00	11:59:00	12:04:00	12:09:00		12:14:00	12:20:00	12:24:00
55	BELLEGARDE	10:46:30	10:56:30	11:01:30		11:21:30	11:26:30	11:36:30					11:51:30	12:01:30	12:06:30	12:11:30	12:16:30		12:22:30	12:26:30
56		10:48:45	10:58:45		11:03:45	11:23:45			11:28:45	11:38:45			11:53:45	12:03:45	12:08:45	12:13:45		12:18:45	12:24:45	12:28:45
57	SCO STE MARGUERITE	10:51:15	11:01:15	11:06:15		11:26:15					11:31:15	11:41:15	11:56:15	12:06:15	12:11:15	12:16:15	12:21:15		12:27:15	12:31:15





# DIMANCHE 24 AVRIL 2016

## TROPHEE FEDERAL A 17 et - // NATIONAL DUO TC

		ECHAUFFEMENT CORPOREL				ECHAUFFEMENT ENIGNS						SALLE DE COMPETITION								
N°	CLUB	NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min	
1	SLC MARTIGUES	07:20:00	07:30:00	07:35:00		07:55:00	08:00:00	08:10:00					08:25:00	08:35:00	08:40:00	08:45:00	08:50:00		08:56:00	09:00:00
2	GR VITROLLES	07:22:00	07:32:00		07:37:00	07:57:00			08:02:00	08:12:00			08:27:00	08:37:00	08:42:00	08:47:00		08:52:00	08:58:00	09:02:00
3	GYM TREVOUX	07:25:00	07:35:00	07:40:00		08:00:00					08:05:00	08:15:00	08:30:00	08:40:00	08:45:00	08:50:00	08:55:00		09:01:00	09:05:00
4	ALLOBROGE ANNECY	07:27:00	07:37:00		07:42:00	08:02:00	08:07:00	08:17:00					08:32:00	08:42:00	08:47:00	08:52:00		08:57:00	09:03:00	09:07:00
5	MOUANS SARTOUX	07:30:00	07:40:00	07:45:00		08:05:00			08:10:00	08:20:00			08:35:00	08:45:00	08:50:00	08:55:00	09:00:00		09:06:00	09:10:00
6	GR CROLLES	07:32:00	07:42:00		07:47:00	08:07:00					08:12:00	08:22:00	08:37:00	08:47:00	08:52:00	08:57:00		09:02:00	09:08:00	09:12:00
7	CGRFJ GRIMAUD	07:35:00	07:45:00	07:50:00		08:10:00	08:15:00	08:25:00					08:40:00	08:50:00	08:55:00	09:00:00	09:05:00		09:11:00	09:15:00
8	SPCOC	07:37:00	07:47:00		07:52:00	08:12:00			08:17:00	08:27:00			08:42:00	08:52:00	08:57:00	09:02:00		09:07:00	09:13:00	09:17:00
9	SALON DE PROVENCE	07:40:00	07:50:00	07:55:00		08:15:00					08:20:00	08:30:00	08:45:00	08:55:00	09:00:00	09:05:00	09:10:00		09:16:00	09:20:00
10	AS SAINT RAPHAEL	07:42:00	07:52:00		07:57:00	08:17:00	08:22:00	08:32:00					08:47:00	08:57:00	09:02:00	09:07:00		09:12:00	09:18:00	09:22:00
11	SPCOC	07:45:00	07:55:00	08:00:00		08:20:00			08:25:00	08:35:00	08:20:00		08:50:00	09:00:00	09:05:00	09:10:00	09:15:00		09:21:00	09:25:00
12	BOURG EN BRESSE	07:47:00	07:57:00		08:02:00	08:22:00					08:27:00	08:37:00	08:52:00	09:02:00	09:07:00	09:12:00		09:17:00	09:23:00	09:27:00
13	ETOILE DE MONTAUD	07:50:00	08:00:00	08:05:00		08:25:00	08:30:00	08:40:00					08:55:00	09:05:00	09:10:00	09:15:00	09:20:00		09:26:00	09:30:00
14	BOURGOIN JALLIEU	07:52:00	08:02:00		08:07:00	08:27:00			08:32:00	08:42:00			08:57:00	09:07:00	09:12:00	09:17:00		09:22:00	09:28:00	09:32:00
15	LYON MONTCHAT GR	07:55:00	08:05:00	08:10:00		08:30:00					08:35:00	08:45:00	09:00:00	09:10:00	09:15:00	09:20:00	09:25:00		09:31:00	09:35:00
16	ASPTT NICE	07:57:00	08:07:00		08:12:00	08:32:00	08:37:00	08:47:00					09:02:00	09:12:00	09:17:00	09:22:00		09:27:00	09:33:00	09:37:00
17	LA DRACENOISE	08:00:00	08:10:00	08:15:00		08:35:00			08:40:00	08:50:00			09:05:00	09:15:00	09:20:00	09:25:00	09:30:00		09:36:00	09:40:00
18	LYON GR	08:02:00	08:12:00		08:17:00	08:37:00					08:42:00	08:52:00	09:07:00	09:17:00	09:22:00	09:27:00		09:32:00	09:38:00	09:42:00
19	CG BONNEVEINE	08:05:00	08:15:00	08:20:00		08:40:00	08:45:00	08:55:00					09:10:00	09:20:00	09:25:00	09:30:00	09:35:00		09:41:00	09:45:00
20	LYON MONTCHAT GR	08:07:00	08:17:00		08:22:00	08:42:00			08:47:00	08:57:00			09:12:00	09:22:00	09:27:00	09:32:00		09:37:00	09:43:00	09:47:00
21	CO BANDOL	08:10:00	08:20:00	08:25:00		08:45:00					08:50:00	09:00:00	09:15:00	09:25:00	09:30:00	09:35:00	09:40:00		09:46:00	09:50:00
22	CORBAS GR	08:12:00	08:22:00		08:27:00	08:47:00	08:52:00	09:02:00					09:17:00	09:27:00	09:32:00	09:37:00		09:42:00	09:48:00	09:52:00
23	BOURG EN BRESSE	08:15:00	08:25:00	08:30:00		08:50:00			08:55:00	09:05:00			09:20:00	09:30:00	09:35:00	09:40:00	09:45:00		09:51:00	09:55:00
24	LA DRACENOISE	08:17:00	08:27:00		08:32:00	08:52:00					08:57:00	09:07:00	09:22:00	09:32:00	09:37:00	09:42:00		09:47:00	09:53:00	09:57:00
25	ALLOBROGE ANNECY	08:20:00	08:30:00	08:35:00		08:55:00	09:00:00	09:10:00					09:25:00	09:35:00	09:40:00	09:45:00	09:50:00		09:56:00	10:00:00
26		08:22:00	08:32:00		08:37:00	08:57:00			09:02:00	09:12:00			09:27:00	09:37:00	09:42:00	09:47:00		09:52:00	09:58:00	10:02:00
27	AIX EN PROVENCE	08:25:00	08:35:00	08:40:00		09:00:00					09:05:00	09:15:00	09:30:00	09:40:00	09:45:00	09:50:00	09:55:00		10:01:00	10:05:00
28		08:27:00	08:37:00		08:42:00	09:02:00	09:07:00	09:17:00					09:32:00	09:42:00	09:47:00	09:52:00		09:57:00	10:03:00	10:07:00
29	GRENOBLE GYM	08:30:00	08:40:00	08:45:00		09:05:00			09:10:00	09:20:00			09:35:00	09:45:00	09:50:00	09:55:00	10:00:00		10:06:00	10:10:00
30		08:32:00	08:42:00		08:47:00	09:07:00					09:12:00	09:22:00	09:37:00	09:47:00	09:52:00	09:57:00		10:02:00	10:08:00	10:12:00
31	UGC SOLLIES	08:35:00	08:45:00	08:50:00		09:10:00	09:15:00	09:25:00					09:40:00	09:50:00	09:55:00	10:00:00	10:05:00		10:11:00	10:15:00







# SAMEDI 23 AVRIL 2016

## NATIONAL PAR EQUIPE // INDIVIDUELLE NATIONAL PAR EQUIPE

N°	CLUB	ECHAUFFEMENT CORPOREL		ECHAUFFEMENT ENIGNS								SALLE DE COMPETITION									
		NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE	
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min		
1	ALLOBROGE ANNECY	17:05:00	17:15:00	17:20:00		17:40:00	17:45:00	17:55:00					18:10:00	18:20:00	18:25:00	18:30:00	18:35:00		18:41:00	18:45:00	
2	AEB CHAMBERY 1	17:08:00	17:18:00		17:23:00	17:43:00			17:48:00	17:58:00			18:13:00	18:23:00	18:28:00	18:33:00		18:38:00	18:44:00	18:48:00	
3	BOURGOIN JALLIEU	17:11:00	17:21:00	17:26:00		17:46:00					17:51:00	18:01:00	18:16:00	18:26:00	18:31:00	18:36:00	18:41:00		18:47:00	18:51:00	
4	UGC SOLLIES 1	17:14:00	17:24:00		17:29:00	17:49:00	17:54:00	18:04:00					18:19:00	18:29:00	18:34:00	18:39:00		18:44:00	18:50:00	18:54:00	
5	CO BANDOL	17:17:00	17:27:00	17:32:00		17:52:00			17:57:00	18:07:00			18:22:00	18:32:00	18:37:00	18:42:00	18:47:00		18:53:00	18:57:00	
6	GRENOBLE GYM	17:20:00	17:30:00		17:35:00	17:55:00						18:00:00	18:10:00	18:25:00	18:35:00	18:40:00	18:45:00		18:50:00	18:56:00	19:00:00
7	CG RILLIEUX	17:23:00	17:33:00	17:38:00		17:58:00	18:03:00	18:13:00					18:28:00	18:38:00	18:43:00	18:48:00	18:53:00		18:59:00	19:03:00	
8	AIX EN PROVENCE	17:26:00	17:36:00		17:41:00	18:01:00			18:06:00	18:16:00			18:31:00	18:41:00	18:46:00	18:51:00		18:56:00	19:02:00	19:06:00	
9	CMO VENISSIEUX	17:29:00	17:39:00	17:44:00		18:04:00					18:09:00	18:19:00	18:34:00	18:44:00	18:49:00	18:54:00	18:59:00		19:05:00	19:09:00	
10	BOURGOIN JALLIEU	17:32:00	17:42:00		17:47:00	18:07:00	18:12:00	18:22:00					18:37:00	18:47:00	18:52:00	18:57:00		19:02:00	19:08:00	19:12:00	
11	SCO STE MARGUERITE	17:35:00	17:45:00	17:50:00		18:10:00			18:15:00	18:25:00			18:40:00	18:50:00	18:55:00	19:00:00	19:05:00		19:11:00	19:15:00	
12	STADE LAURENTIN	17:38:00	17:48:00		17:53:00	18:13:00					18:18:00	18:28:00	18:43:00	18:53:00	18:58:00	19:03:00		19:08:00	19:14:00	19:18:00	
13	LAFFAGE LOUANE	17:41:00	17:51:00	17:56:00		18:16:00	18:21:00	18:31:00					18:46:00	18:56:00	19:01:00	19:06:00	19:11:00		19:17:00	19:21:00	
14	AEB CHAMBERY 2	17:43:00	17:53:00		17:58:00	18:18:00			18:23:00	18:33:00			18:48:00	18:58:00	19:03:00	19:08:00		19:13:00	19:19:00	19:23:00	
15	COPPIN CANELLE	17:46:00	17:56:00	18:01:00		18:21:00					18:26:00	18:36:00	18:51:00	19:01:00	19:06:00	19:11:00	19:16:00		19:22:00	19:26:00	
16	UGC SOLLIES 2	17:48:00	17:58:00		18:03:00	18:23:00	18:28:00	18:38:00					18:53:00	19:03:00	19:08:00	19:13:00		19:18:00	19:24:00	19:28:00	
17	DUPONT CANDICE	17:51:00	18:01:00	18:06:00		18:26:00			18:31:00	18:41:00			18:56:00	19:06:00	19:11:00	19:16:00	19:21:00		19:27:00	19:31:00	
18	AJS LA GARDE	17:53:00	18:03:00		18:08:00	18:28:00					18:33:00	18:43:00	18:58:00	19:08:00	19:13:00	19:18:00		19:23:00	19:29:00	19:33:00	
19	LEOPOLD GILLIAN	17:56:00	18:06:00	18:11:00		18:31:00	18:36:00	18:46:00					19:01:00	19:11:00	19:16:00	19:21:00	19:26:00		19:32:00	19:36:00	
20	DUPARC JEANNE	17:58:00	18:08:00		18:13:00	18:33:00			18:38:00	18:48:00			19:03:00	19:13:00	19:18:00	19:23:00		19:28:00	19:34:00	19:38:00	
21	JUSTON CELIE	18:01:00	18:11:00	18:16:00		18:36:00					18:41:00	18:51:00	19:06:00	19:16:00	19:21:00	19:26:00	19:31:00		19:37:00	19:41:00	
22	GUILIER LUCIE	18:03:00	18:13:00		18:18:00	18:38:00	18:43:00	18:53:00					19:08:00	19:18:00	19:23:00	19:28:00		19:33:00	19:39:00	19:43:00	
23	CHABERT ELENA	18:05:00	18:15:00	18:20:00		18:40:00			18:45:00	18:55:00			19:10:00	19:20:00	19:25:00	19:30:00	19:35:00		19:41:00	19:45:00	
24	SOARES MARIELLE	18:07:00	18:17:00		18:22:00	18:42:00					18:47:00	18:57:00	19:12:00	19:22:00	19:27:00	19:32:00		19:37:00	19:43:00	19:47:00	
25	CAILLAT MARIE	18:09:00	18:19:00	18:24:00		18:44:00	18:49:00	18:59:00					19:14:00	19:24:00	19:29:00	19:34:00	19:39:00		19:45:00	19:49:00	
26	DELIGNY LAURA	18:11:00	18:21:00		18:26:00	18:46:00			18:51:00	19:01:00			19:16:00	19:26:00	19:31:00	19:36:00		19:41:00	19:47:00	19:51:00	
27	PRIOUX ILIONA	18:13:00	18:23:00	18:28:00		18:48:00					18:53:00	19:03:00	19:18:00	19:28:00	19:33:00	19:38:00	19:43:00		19:49:00	19:53:00	
28	JEANTHON SOLINE	18:15:00	18:25:00		18:30:00	18:50:00	18:55:00	19:05:00					19:20:00	19:30:00	19:35:00	19:40:00		19:45:00	19:51:00	19:55:00	
29	SERVEAUX CASSANDRA	18:17:00	18:27:00	18:32:00		18:52:00			18:57:00	19:07:00			19:22:00	19:32:00	19:37:00	19:42:00	19:47:00		19:53:00	19:57:00	
30	BORNGNA AURELIE	18:19:00	18:29:00		18:34:00	18:54:00					18:59:00	19:09:00	19:24:00	19:34:00	19:39:00	19:44:00		19:49:00	19:55:00	19:59:00	
31	VILLARINO LOZEA	18:21:00	18:31:00	18:36:00		18:56:00	19:01:00	19:11:00					19:26:00	19:36:00	19:41:00	19:46:00	19:51:00		19:57:00	20:01:00	
32	GEOFFRAY OCEANE	18:23:00	18:33:00		18:38:00	18:58:00			19:03:00	19:13:00			19:28:00	19:38:00	19:43:00	19:48:00		19:53:00	19:59:00	20:03:00	
33	FRASCARELLI ALICE	18:25:00	18:35:00	18:40:00		19:00:00					19:05:00	19:15:00	19:30:00	19:40:00	19:45:00	19:50:00	19:55:00		20:01:00	20:05:00	
34	CURY CHARLOTTE	18:27:00	18:37:00		18:42:00	19:02:00	19:07:00	19:17:00					19:32:00	19:42:00	19:47:00	19:52:00		19:57:00	20:03:00	20:07:00	
35	PANTIERI JESSICA	18:29:00	18:39:00	18:44:00		19:04:00			19:09:00	19:19:00			19:34:00	19:44:00	19:49:00	19:54:00	19:59:00		20:05:00	20:09:00	

36	ROTARITA ANDREA	18:31:00	18:41:00		18:46:00	19:06:00					19:11:00	19:21:00	19:36:00	19:46:00	19:51:00	19:56:00		20:01:00	20:07:00	20:11:00
37	DORMOY GWEN	18:33:00	18:43:00	18:48:00		19:08:00	19:13:00	19:23:00					19:38:00	19:48:00	19:53:00	19:58:00	20:03:00		20:09:00	20:13:00
38	CAZACU IRINA	18:35:00	18:45:00		18:50:00	19:10:00			19:15:00	19:25:00			19:40:00	19:50:00	19:55:00	20:00:00		20:05:00	20:11:00	20:15:00
39	LAFFAGE ALEXIA	18:37:00	18:47:00	18:52:00		19:12:00					19:17:00	19:27:00	19:42:00	19:52:00	19:57:00	20:02:00	20:07:00		20:13:00	20:17:00
40	LESTRELIN EMILIE	18:39:00	18:49:00		18:54:00	19:14:00	19:19:00	19:29:00					19:44:00	19:54:00	19:59:00	20:04:00		20:09:00	20:15:00	20:19:00
41	SIMO CHLOE	18:41:00	18:51:00	18:56:00		19:16:00			19:21:00	19:31:00			19:46:00	19:56:00	20:01:00	20:06:00	20:11:00		20:17:00	20:21:00
42	CHAMBERT CLEMENTINE	18:43:00	18:53:00		18:58:00	19:18:00					19:23:00	19:33:00	19:48:00	19:58:00	20:03:00	20:08:00		20:13:00	20:19:00	20:23:00
43	AUVARO ILONA	18:45:00	18:55:00	19:00:00		19:20:00	19:25:00	19:35:00					19:50:00	20:00:00	20:05:00	20:10:00	20:15:00		20:21:00	20:25:00
44		18:47:00	18:57:00		19:02:00	19:22:00			19:27:00	19:37:00			19:52:00	20:02:00	20:07:00	20:12:00		20:17:00	20:23:00	20:27:00
45	CORDONNIER CAMILLE	18:49:00	18:59:00	19:04:00		19:24:00					19:29:00	19:39:00	19:54:00	20:04:00	20:09:00	20:14:00	20:19:00		20:25:00	20:29:00
46		18:51:00	19:01:00		19:06:00	19:26:00	19:31:00	19:41:00					19:56:00	20:06:00	20:11:00	20:16:00		20:21:00	20:27:00	20:31:00
47	CORDONNIER MATHILDE	18:53:00	19:03:00	19:08:00		19:28:00			19:33:00	19:43:00			19:58:00	20:08:00	20:13:00	20:18:00	20:23:00		20:29:00	20:33:00





# SAMEDI 23 AVRIL 2016

## NATIONAL ENSEMBLE 17 et - // NATIONAL ENSEMBLE TC

N°	CLUB	ECHAUFFEMENT CORPOREL		ECHAUFFEMENT ENIGNS								SALLE DE COMPETITION								
		NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min	3 min
1	AJS LA GARDE	16:00:00	16:10:00	16:15:00		16:35:00	16:40:00	16:50:00					17:05:00	17:15:00	17:20:00	17:25:00	17:30:00		17:36:00	17:40:00
2	CHASSIEU GR	16:03:00	16:13:00		16:18:00	16:38:00			16:43:00	16:53:00			17:08:00	17:18:00	17:23:00	17:28:00		17:33:00	17:39:00	17:43:00
3	GR CROLLES	16:06:00	16:16:00	16:21:00		16:41:00					16:46:00	16:56:00	17:11:00	17:21:00	17:26:00	17:31:00	17:36:00		17:42:00	17:46:00
4	VALENCE GYM	16:09:00	16:19:00		16:24:00	16:44:00	16:49:00	16:59:00					17:14:00	17:24:00	17:29:00	17:34:00		17:39:00	17:45:00	17:49:00
5	ECULLY GR	16:12:00	16:22:00	16:27:00		16:47:00			16:52:00	17:02:00			17:17:00	17:27:00	17:32:00	17:37:00	17:42:00		17:48:00	17:52:00
6	CG BONNEVEINE	16:15:00	16:25:00		16:30:00	16:50:00					16:55:00	17:05:00	17:20:00	17:30:00	17:35:00	17:40:00		17:45:00	17:51:00	17:55:00
7	BELLEGARDE	16:18:00	16:28:00	16:33:00		16:53:00	16:58:00	17:08:00					17:23:00	17:33:00	17:38:00	17:43:00	17:48:00		17:54:00	17:58:00
8	AC SEYSSINET	16:21:00	16:31:00		16:36:00	16:56:00			17:01:00	17:11:00			17:26:00	17:36:00	17:41:00	17:46:00		17:51:00	17:57:00	18:01:00
9	CO BANDOL	16:24:00	16:34:00	16:39:00		16:59:00					17:04:00	17:14:00	17:29:00	17:39:00	17:44:00	17:49:00	17:54:00		18:00:00	18:04:00
10	AMBERIEU EN BUGY	16:27:00	16:37:00		16:42:00	17:02:00	17:07:00	17:17:00					17:32:00	17:42:00	17:47:00	17:52:00		17:57:00	18:03:00	18:07:00
11	AIX EN PROVENCE	16:30:00	16:40:00	16:45:00		17:05:00			17:10:00	17:20:00			17:35:00	17:45:00	17:50:00	17:55:00	18:00:00		18:06:00	18:10:00
12	ECULLY GR	16:33:00	16:43:00		16:48:00	17:08:00					17:13:00	17:23:00	17:38:00	17:48:00	17:53:00	17:58:00		18:03:00	18:09:00	18:13:00
13	STADE LAURENTIN	16:36:00	16:46:00	16:51:00		17:11:00	17:16:00	17:26:00					17:41:00	17:51:00	17:56:00	18:01:00	18:06:00		18:12:00	18:16:00
14	AIX EN PROVENCE	16:39:00	16:49:00		16:54:00	17:14:00			17:19:00	17:29:00			17:44:00	17:54:00	17:59:00	18:04:00		18:09:00	18:15:00	18:19:00
15	UGC SOLLIES	16:42:00	16:52:00	16:57:00		17:17:00					17:22:00	17:32:00	17:47:00	17:57:00	18:02:00	18:07:00	18:12:00		18:18:00	18:22:00





# SAMEDI 23 AVRIL 2016

## TROPHEE FEDERAL B 13 et - // TROPHEE FEDERAL B 15 et -

TROPHEE FEDERAL B 13 et - // TROPHEE FEDERAL B 15 et -																					
				ECHAUFFEMENT CORPOREL			ECHAUFFEMENT ENIGNS							SALLE DE COMPETITION							
N°	CLUB	NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE	
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min		
1	MONTANAY GR	13:00:00	13:10:00	13:15:00		13:35:00	13:40:00	13:50:00					14:05:00	14:15:00	14:20:00	14:25:00	14:30:00		14:36:00	14:40:00	
2	BOURGOIN JALLIEU	13:02:00	13:12:00		13:17:00	13:37:00			13:42:00	13:52:00			14:07:00	14:17:00	14:22:00	14:27:00		14:32:00	14:38:00	14:42:00	
3	VALENCE GYM	13:04:00	13:14:00	13:19:00		13:39:00					13:44:00	13:54:00	14:09:00	14:19:00	14:24:00	14:29:00	14:34:00		14:40:00	14:44:00	
4	ECULLY GR 2	13:06:00	13:16:00		13:21:00	13:41:00	13:46:00	13:56:00					14:11:00	14:21:00	14:26:00	14:31:00		14:36:00	14:42:00	14:46:00	
5	ECULLY GR 2	13:08:00	13:18:00	13:23:00		13:43:00			13:48:00	13:58:00			14:13:00	14:23:00	14:28:00	14:33:00	14:38:00		14:44:00	14:48:00	
6	LYON MONTCHAT GR	13:10:00	13:20:00		13:25:00	13:45:00					13:50:00	14:00:00	14:15:00	14:25:00	14:30:00	14:35:00		14:40:00	14:46:00	14:50:00	
7	CGRFJ GRIMAUD	13:12:00	13:22:00	13:27:00		13:47:00	13:52:00	14:02:00					14:17:00	14:27:00	14:32:00	14:37:00	14:42:00		14:48:00	14:52:00	
8	MOUANS SARTOUX 1	13:14:00	13:24:00		13:29:00	13:49:00			13:54:00	14:04:00			14:19:00	14:29:00	14:34:00	14:39:00		14:44:00	14:50:00	14:54:00	
9	CO VALBONNE	13:16:00	13:26:00	13:31:00		13:51:00					13:56:00	14:06:00	14:21:00	14:31:00	14:36:00	14:41:00	14:46:00		14:52:00	14:56:00	
10	VALENCE GYM	13:18:00	13:28:00		13:33:00	13:53:00	13:58:00	14:08:00					14:23:00	14:33:00	14:38:00	14:43:00		14:48:00	14:54:00	14:58:00	
11	CG RILLIEUX	13:20:00	13:30:00	13:35:00		13:55:00			14:00:00	14:10:00			14:25:00	14:35:00	14:40:00	14:45:00	14:50:00		14:56:00	15:00:00	
12	AJS LA GARDE	13:22:00	13:32:00		13:37:00	13:57:00						14:02:00	14:12:00	14:27:00	14:37:00	14:42:00	14:47:00		14:52:00	14:58:00	15:02:00
13	ECULLY GR 1	13:24:00	13:34:00	13:39:00		13:59:00	14:04:00	14:14:00					14:29:00	14:39:00	14:44:00	14:49:00	14:54:00		15:00:00	15:04:00	
14	AEB CHAMBERY	13:26:00	13:36:00		13:41:00	14:01:00			14:06:00	14:16:00			14:31:00	14:41:00	14:46:00	14:51:00		14:56:00	15:02:00	15:06:00	
15	GR VITROLLES	13:28:00	13:38:00	13:43:00		14:03:00					14:08:00	14:18:00	14:33:00	14:43:00	14:48:00	14:53:00	14:58:00		15:04:00	15:08:00	
16	AMBERIEU EN BUGEY	13:30:00	13:40:00		13:45:00	14:05:00	14:10:00	14:20:00					14:35:00	14:45:00	14:50:00	14:55:00		15:00:00	15:06:00	15:10:00	
17	BOURGOIN JALLIEU	13:32:00	13:42:00	13:47:00		14:07:00			14:12:00	14:22:00			14:37:00	14:47:00	14:52:00	14:57:00	15:02:00		15:08:00	15:12:00	
18	CO BANDOL	13:34:00	13:44:00		13:49:00	14:09:00					14:14:00	14:24:00	14:39:00	14:49:00	14:54:00	14:59:00		15:04:00	15:10:00	15:14:00	
19	SLC MARTIGUES	13:36:00	13:46:00	13:51:00		14:11:00	14:16:00	14:26:00					14:41:00	14:51:00	14:56:00	15:01:00	15:06:00		15:12:00	15:16:00	
20	AL LENTILLY	13:38:00	13:48:00		13:53:00	14:13:00			14:18:00	14:28:00			14:43:00	14:53:00	14:58:00	15:03:00		15:08:00	15:14:00	15:18:00	
21	BOURG EN BRESSE	13:40:00	13:50:00	13:55:00		14:15:00							14:20:00	14:30:00	14:45:00	14:55:00	15:00:00	15:05:00	15:10:00	15:20:00	
22	UGC SOLLIES	13:42:00	13:52:00		13:57:00	14:17:00	14:22:00	14:32:00					14:47:00	14:57:00	15:02:00	15:07:00		15:12:00	15:18:00	15:22:00	
23	AG TAIN TOURNON	13:44:00	13:54:00	13:59:00		14:19:00			14:24:00	14:34:00			14:49:00	14:59:00	15:04:00	15:09:00	15:14:00		15:20:00	15:24:00	
24	GR VITROLLES	13:46:00	13:56:00		14:01:00	14:21:00							14:26:00	14:36:00	14:51:00	15:01:00	15:06:00	15:11:00		15:26:00	
25	GFC AJACCIO	13:48:00	13:58:00	14:03:00		14:23:00	14:28:00	14:38:00					14:53:00	15:03:00	15:08:00	15:13:00	15:18:00		15:24:00	15:28:00	
26	AIX EN PROVENCE	13:50:00	14:00:00		14:05:00	14:25:00			14:30:00	14:40:00			14:55:00	15:05:00	15:10:00	15:15:00		15:20:00	15:26:00	15:30:00	
27	ISTRES GR	13:52:00	14:02:00	14:07:00		14:27:00					14:32:00	14:42:00	14:57:00	15:07:00	15:12:00	15:17:00	15:22:00		15:28:00	15:32:00	
28	AL MIONS	13:54:00	14:04:00		14:09:00	14:29:00	14:34:00	14:44:00					14:59:00	15:09:00	15:14:00	15:19:00		15:24:00	15:30:00	15:34:00	
29	SPCOC	13:56:00	14:06:00	14:11:00		14:31:00			14:36:00	14:46:00			15:01:00	15:11:00	15:16:00	15:21:00	15:26:00		15:32:00	15:36:00	
30	LA FARLEDE	13:58:00	14:08:00		14:13:00	14:33:00					14:38:00	14:48:00	15:03:00	15:13:00	15:18:00	15:23:00		15:28:00	15:34:00	15:38:00	
31	AIX EN PROVENCE	14:00:00	14:10:00	14:15:00		14:35:00	14:40:00	14:50:00					15:05:00	15:15:00	15:20:00	15:25:00	15:30:00		15:36:00	15:40:00	
32	LYON GR	14:02:00	14:12:00		14:17:00	14:37:00			14:42:00	14:52:00			15:07:00	15:17:00	15:22:00	15:27:00		15:32:00	15:38:00	15:42:00	
33	GR SAINT CLAIR	14:04:00	14:14:00	14:19:00		14:39:00					14:44:00	14:54:00	15:09:00	15:19:00	15:24:00	15:29:00	15:34:00		15:40:00	15:44:00	
34	ECULLY GR 1	14:06:00	14:16:00		14:21:00	14:41:00	14:46:00	14:56:00					15:11:00	15:21:00	15:26:00	15:31:00		15:36:00	15:42:00	15:46:00	

35	GRENOBLE GYM	14:08:00	14:18:00	14:23:00		14:43:00			14:48:00	14:58:00			15:13:00	15:23:00	15:28:00	15:33:00	15:38:00		15:44:00	15:48:00
36	CHASSIEU GR	14:10:00	14:20:00		14:25:00	14:45:00					14:50:00	15:00:00	15:15:00	15:25:00	15:30:00	15:35:00		15:40:00	15:46:00	15:50:00
37	SCO STE MARGUERITE	14:12:00	14:22:00	14:27:00		14:47:00	14:52:00	15:02:00					15:17:00	15:27:00	15:32:00	15:37:00	15:42:00		15:48:00	15:52:00
38	MONTANAY GR	14:14:00	14:24:00		14:29:00	14:49:00			14:54:00	15:04:00			15:19:00	15:29:00	15:34:00	15:39:00		15:44:00	15:50:00	15:54:00
39	AS SAINT RAPHAEL	14:16:00	14:26:00	14:31:00		14:51:00					14:56:00	15:06:00	15:21:00	15:31:00	15:36:00	15:41:00	15:46:00		15:52:00	15:56:00
40	AS FONTAINE	14:18:00	14:28:00		14:33:00	14:53:00	14:58:00	15:08:00					15:23:00	15:33:00	15:38:00	15:43:00		15:48:00	15:54:00	15:58:00
41	LA FARLEDE	14:20:00	14:30:00	14:35:00		14:55:00			15:00:00	15:10:00			15:25:00	15:35:00	15:40:00	15:45:00	15:50:00		15:56:00	16:00:00
42	AS SAINT RAPHAEL	14:22:00	14:32:00		14:37:00	14:57:00					15:02:00	15:12:00	15:27:00	15:37:00	15:42:00	15:47:00		15:52:00	15:58:00	16:02:00
43	AS FONTAINE	14:24:00	14:34:00	14:39:00		14:59:00	15:04:00	15:14:00					15:29:00	15:39:00	15:44:00	15:49:00	15:54:00		16:00:00	16:04:00
44	BOURG EN BRESSE	14:26:00	14:36:00		14:41:00	15:01:00			15:06:00	15:16:00			15:31:00	15:41:00	15:46:00	15:51:00		15:56:00	16:02:00	16:06:00
45	LA MONTILLENNE	14:28:00	14:38:00	14:43:00		15:03:00					15:08:00	15:18:00	15:33:00	15:43:00	15:48:00	15:53:00	15:58:00		16:04:00	16:08:00
46	MOUANS SARTOUX 2	14:30:00	14:40:00		14:45:00	15:05:00	15:10:00	15:20:00					15:35:00	15:45:00	15:50:00	15:55:00		16:00:00	16:06:00	16:10:00
47	CO BANDOL	14:32:00	14:42:00	14:47:00		15:07:00			15:12:00	15:22:00			15:37:00	15:47:00	15:52:00	15:57:00	16:02:00		16:08:00	16:12:00
48	STADE LAURENTIN	14:34:00	14:44:00		14:49:00	15:09:00					15:14:00	15:24:00	15:39:00	15:49:00	15:54:00	15:59:00		16:04:00	16:10:00	16:14:00
49	UGC SOLLIES	14:36:00	14:46:00	14:51:00		15:11:00	15:16:00	15:26:00					15:41:00	15:51:00	15:56:00	16:01:00	16:06:00		16:12:00	16:16:00
50	LA DRACENOISE	14:38:00	14:48:00		14:53:00	15:13:00			15:18:00	15:28:00			15:43:00	15:53:00	15:58:00	16:03:00		16:08:00	16:14:00	16:18:00
51	LYON GR	14:40:00	14:50:00	14:55:00		15:15:00					15:20:00	15:30:00	15:45:00	15:55:00	16:00:00	16:05:00	16:10:00		16:16:00	16:20:00
52	BOURGD PEAGE	14:42:00	14:52:00		14:57:00	15:17:00	15:22:00	15:32:00					15:47:00	15:57:00	16:02:00	16:07:00		16:12:00	16:18:00	16:22:00
53	LYON MONTCHAT GR	14:44:00	14:54:00	14:59:00		15:19:00			15:24:00	15:34:00			15:49:00	15:59:00	16:04:00	16:09:00	16:14:00		16:20:00	16:24:00
54	ALLOBROGE ANNECY	14:46:00	14:56:00		15:01:00	15:21:00					15:26:00	15:36:00	15:51:00	16:01:00	16:06:00	16:11:00		16:16:00	16:22:00	16:26:00
55	CMO VENISSIEUX	14:48:00	14:58:00	15:03:00		15:23:00	15:28:00	15:38:00					15:53:00	16:03:00	16:08:00	16:13:00	16:18:00		16:24:00	16:28:00
56		14:50:00	15:00:00		15:05:00	15:25:00			15:30:00	15:40:00			15:55:00	16:05:00	16:10:00	16:15:00		16:20:00	16:26:00	16:30:00
57	LA DRACENOISE	14:52:00	15:02:00	15:07:00		15:27:00			15:32:00	15:42:00			15:57:00	16:07:00	16:12:00	16:17:00	16:22:00		16:28:00	16:32:00
58		14:54:00	15:04:00		15:09:00	15:29:00	15:34:00	15:44:00					15:59:00	16:09:00	16:14:00	16:19:00		16:24:00	16:30:00	16:34:00
59	AEB CHAMBERY	14:56:00	15:06:00	15:11:00		15:31:00			15:36:00	15:46:00			16:01:00	16:11:00	16:16:00	16:21:00	16:26:00		16:32:00	16:36:00
60		14:58:00	15:08:00		15:13:00	15:33:00					15:38:00	15:48:00	16:03:00	16:13:00	16:18:00	16:23:00		16:28:00	16:34:00	16:38:00
61	MOUANS SARTOUX 1	15:00:00	15:10:00	15:15:00		15:35:00	15:40:00	15:50:00					16:05:00	16:15:00	16:20:00	16:25:00	16:30:00		16:36:00	16:40:00
62		15:02:00	15:12:00		15:17:00	15:37:00			15:42:00	15:52:00			16:07:00	16:17:00	16:22:00	16:27:00		16:32:00	16:38:00	16:42:00
63	SMUC MARSEILLE	15:04:00	15:14:00	15:19:00		15:39:00					15:44:00	15:54:00	16:09:00	16:19:00	16:24:00	16:29:00	16:34:00		16:40:00	16:44:00
64		15:06:00	15:16:00		15:21:00	15:41:00	15:46:00	15:56:00					16:11:00	16:21:00	16:26:00	16:31:00		16:36:00	16:42:00	16:46:00
65	BELLEGARDE	15:08:00	15:18:00	15:23:00		15:43:00			15:48:00	15:58:00			16:13:00	16:23:00	16:28:00	16:33:00	16:38:00		16:44:00	16:48:00
66		15:10:00	15:20:00		15:25:00	15:45:00					15:50:00	16:00:00	16:15:00	16:25:00	16:30:00	16:35:00		16:40:00	16:46:00	16:50:00
65	MOUANS SARTOUX 2	15:12:00	15:22:00	15:27:00		15:47:00			15:52:00	16:02:00			16:17:00	16:27:00	16:32:00	16:37:00	16:42:00		16:48:00	16:52:00





# SAMEDI 23 AVRIL 2016

## NATIONAL ENSEMBLE 13 et - // NATIONAL ESTHETIQUE

			ECHAUFFEMENT CORPOREL			ECHAUFFEMENT ENGIN							SALLE DE COMPETITION							
N°	CLUB	NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min	3 min
1	GR CROLLES	12:05:00	12:15:00	12:20:00		12:40:00	12:45:00	12:55:00					13:10:00	13:20:00	13:25:00	13:30:00	13:35:00		13:41:00	13:45:00
2	CG RILLIEUX	12:08:00	12:18:00		12:23:00	12:43:00			12:48:00	12:58:00			13:13:00	13:23:00	13:28:00	13:33:00		13:38:00	13:44:00	13:48:00
3	ECULLY GR	12:11:00	12:21:00	12:26:00		12:46:00					12:51:00	13:01:00	13:16:00	13:26:00	13:31:00	13:36:00	13:41:00		13:47:00	13:51:00
4	CORBAS GR	12:14:00	12:24:00		12:29:00	12:49:00	12:54:00	13:04:00					13:19:00	13:29:00	13:34:00	13:39:00		13:44:00	13:50:00	13:54:00
5	STADE LAURENTIN	12:17:00	12:27:00	12:32:00		12:52:00			12:57:00	13:07:00			13:22:00	13:32:00	13:37:00	13:42:00	13:47:00		13:53:00	13:57:00
6	SPCOC	12:20:00	12:30:00		12:35:00	12:55:00					13:00:00	13:10:00	13:25:00	13:35:00	13:40:00	13:45:00		13:50:00	13:56:00	14:00:00
7	BOURGOIN JALLIEU	12:23:00	12:33:00	12:38:00		12:58:00	13:03:00	13:13:00					13:28:00	13:38:00	13:43:00	13:48:00	13:53:00		13:59:00	14:03:00
8	LYON GR	12:26:00	12:36:00		12:41:00	13:01:00			13:06:00	13:16:00			13:31:00	13:41:00	13:46:00	13:51:00		13:56:00	14:02:00	14:06:00
9	GRENOBLE GYM	12:29:00	12:39:00	12:44:00		13:04:00					13:09:00	13:19:00	13:34:00	13:44:00	13:49:00	13:54:00	13:59:00		14:05:00	14:09:00
10	AEB CHAMBERY	12:32:00	12:42:00		12:47:00	13:07:00	13:12:00	13:22:00					13:37:00	13:47:00	13:52:00	13:57:00		14:02:00	14:08:00	14:12:00
11	UGC SOLLIES	12:35:00	12:45:00	12:50:00		13:10:00			13:15:00	13:25:00			13:40:00	13:50:00	13:55:00	14:00:00	14:05:00		14:11:00	14:15:00
12	AIX EN PROVENCE	12:38:00	12:48:00		12:53:00	13:13:00					13:18:00	13:28:00	13:43:00	13:53:00	13:58:00	14:03:00		14:08:00	14:14:00	14:18:00

# SAMEDI 23 AVRIL 2016

## TROPHEE FEDERAL A 15 et - // TROPHEE FEDERAL A 10-11

			ECHAUFFEMENT CORPOREL			ECHAUFFEMENT ENIGNS							SALLE DE COMPETITION							
N°	CLUB	NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		PREPA	PASSAGE
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min	
1	LA DRACENOISE	08:40:00	08:50:00	08:55:00		09:15:00	09:20:00	09:30:00					09:45:00	09:55:00	10:00:00	10:05:00	10:10:00		10:16:00	10:20:00
2	AISA	08:42:30	08:52:30		08:57:30	09:17:30			09:22:30	09:32:30			09:47:30	09:57:30	10:02:30	10:07:30		10:12:30	10:18:30	10:22:30
3	GR CROLLES	08:45:00	08:55:00	09:00:00		09:20:00					09:25:00	09:35:00	09:50:00	10:00:00	10:05:00	10:10:00	10:15:00		10:21:00	10:25:00
4	CO BANDOL	08:47:30	08:57:30		09:02:30	09:22:30	09:27:30	09:37:30					09:52:30	10:02:30	10:07:30	10:12:30		10:17:30	10:23:30	10:27:30
5	SPCOC	08:50:00	09:00:00	09:05:00		09:25:00			09:30:00	09:40:00			09:55:00	10:05:00	10:10:00	10:15:00	10:20:00		10:26:00	10:30:00
6	CORBAS GR	08:52:30	09:02:30		09:07:30	09:27:30					09:32:30	09:42:30	09:57:30	10:07:30	10:12:30	10:17:30		10:22:30	10:28:30	10:32:30
7	SCO STE MARGURITE	08:55:00	09:05:00	09:10:00		09:30:00	09:35:00	09:45:00					10:00:00	10:10:00	10:15:00	10:20:00	10:25:00		10:31:00	10:35:00
8	STADE LAURENTIN	08:57:30	09:07:30		09:12:30	09:32:30			09:37:30	09:47:30			10:02:30	10:12:30	10:17:30	10:22:30		10:27:30	10:33:30	10:37:30
9	CHASSIEU GR	09:00:00	09:10:00	09:15:00		09:35:00					09:40:00	09:50:00	10:05:00	10:15:00	10:20:00	10:25:00	10:30:00		10:36:00	10:40:00
10	AS SAINT RAPHAEL	09:02:30	09:12:30		09:17:30	09:37:30	09:42:30	09:52:30					10:07:30	10:17:30	10:22:30	10:27:30		10:32:30	10:38:30	10:42:30
11	BOURGOIN JALLIEU	09:05:00	09:15:00	09:20:00					09:45:00	09:55:00			10:10:00	10:20:00	10:25:00	10:30:00	10:35:00		10:41:00	10:45:00
12	UGC SOLLIES	09:07:30	09:17:30		09:22:30	09:42:30					09:47:30	09:57:30	10:12:30	10:22:30	10:27:30	10:32:30		10:37:30	10:43:30	10:47:30
13	ECULLY GR	09:10:00	09:20:00	09:25:00		09:45:00	09:50:00	10:00:00					10:15:00	10:25:00	10:30:00	10:35:00	10:40:00		10:46:00	10:50:00
14	AEB CHAMBERY	09:12:30	09:22:30		09:27:30	09:47:30			09:52:30	10:02:30			10:17:30	10:27:30	10:32:30	10:37:30		10:42:30	10:48:30	10:52:30
15	UGC SOLLIES	09:15:00	09:25:00	09:30:00		09:50:00					09:55:00	10:05:00	10:20:00	10:30:00	10:35:00	10:40:00	10:45:00		10:51:00	10:55:00
16	SC MOUANS SARTOUX	09:17:30	09:27:30		09:32:30	09:52:30	09:57:30	10:07:30					10:22:30	10:32:30	10:37:30	10:42:30		10:47:30	10:53:30	10:57:30
17	CO BANDOL	09:20:00	09:30:00	09:35:00		09:55:00			10:00:00	10:10:00			10:25:00	10:35:00	10:40:00	10:45:00	10:50:00		10:56:00	11:00:00
18	LYON GR	09:22:30	09:32:30		09:37:30	09:57:30					10:02:30	10:12:30	10:27:30	10:37:30	10:42:30	10:47:30		10:52:30	10:58:30	11:02:30
19	BOURG EN BRESSE	09:25:00	09:35:00	09:40:00		10:00:00	10:05:00	10:15:00					10:30:00	10:40:00	10:45:00	10:50:00	10:55:00		11:01:00	11:05:00
20	CMO VENISSIEUX	09:27:30	09:37:30		09:42:30	10:02:30			10:07:30	10:17:30			10:32:30	10:42:30	10:47:30	10:52:30		10:57:30	11:03:30	11:07:30
21	LYON GR	09:30:00	09:40:00	09:45:00		10:05:00					10:10:00	10:20:00	10:35:00	10:45:00	10:50:00	10:55:00	11:00:00		11:06:00	11:10:00
22	VALENCE GYM	09:32:30	09:42:30		09:47:30	10:07:30	10:12:30	10:22:30					10:37:30	10:47:30	10:52:30	10:57:30		11:02:30	11:08:30	11:12:30
23	ALLOBROGE ANNECY	09:35:00	09:45:00	09:50:00		10:10:00			10:15:00	10:25:00			10:40:00	10:50:00	10:55:00	11:00:00	11:05:00		11:11:00	11:15:00
24	GR AIX EN PROVENCE	09:37:30	09:47:30		09:52:30	10:12:30					10:17:30	10:27:30	10:42:30	10:52:30	10:57:30	11:02:30		11:07:30	11:13:30	11:17:30
25	GRENOBLE GYM	09:40:00	09:50:00	09:55:00		10:15:00	10:12:30	10:22:30					10:45:00	10:55:00	11:00:00	11:05:00	11:10:00		11:16:00	11:20:00
26	AMBERIEU EN BUGEY	09:42:30	09:52:30		09:57:30	10:17:30			10:15:00	10:25:00			10:47:30	10:57:30	11:02:30	11:07:30		11:12:30	11:18:30	11:22:30
27	SALON DE PROVENCE	09:45:00	09:55:00	10:00:00		10:20:00					10:17:30	10:27:30	10:50:00	11:00:00	11:05:00	11:10:00	11:15:00		11:21:00	11:25:00
28	BOURGOIN JALLIEU	09:47:30	09:57:30		10:02:30	10:22:30	10:12:30	10:22:30					10:52:30	11:02:30	11:07:30	11:12:30		11:17:30	11:23:30	11:27:30
29	AMBERIEU EN BUGEY	09:50:00	10:00:00	10:05:00		10:25:00			10:15:00	10:25:00			10:55:00	11:05:00	11:10:00	11:15:00	11:20:00		11:26:00	11:30:00
30	SCO STE MARGURITE	09:52:30	10:02:30		10:07:30	10:27:30					10:17:30	10:27:30	10:57:30	11:07:30	11:12:30	11:17:30		11:22:30	11:28:30	11:32:30
31	SALESIEENNE ANNECY	09:55:00	10:05:00	10:10:00		10:30:00	10:12:30	10:22:30					11:00:00	11:10:00	11:15:00	11:20:00	11:25:00		11:31:00	11:35:00

# SAMEDI 23 AVRIL 2016

## NATIONAL ENSEMBLE 15 et - // NATIONAL DUO 13 et -

		ECHAUFFEMENT CORPOREL			ECHAUFFEMENT ENIGNS						SALLE DE COMPETITION									
N°	CLUB	NAVETTE	VESTIAIRE	Salle 1	Salle 2	DEPART	ZONE 1		ZONE 2		ZONE 3		NAVETTE	VESTIAIRE	CONTRÔLE ENGIN	CONTRÔLE LICENCE	SALLE COMPETITION		CONCENTRATION	PASSAGE
		10 min	5 min	20 min		5 min	A 10 min	B 15 min	A 10 min	B 15 min	A 10 min	B 15 min	10 min	5 min	5 min	5 min	ZONE A 6 min	ZONE B 6 min	4 min	3 min
1	LYON GR	07:20	07:30	07:35		07:55	08:00	08:10					08:25	08:35	08:40	08:45	08:50		08:56	09:00
2	SCO SAINTE MARGUERITE	07:23	07:33		07:38	07:58			08:03	08:13			08:28	08:38	08:43	08:48		08:53	08:59	09:03
3	UGC SOLLIES	07:26	07:36	07:41		08:01					08:06	08:16	08:31	08:41	08:46	08:51	08:56		09:02	09:06
4	STADE LAURENTIN	07:29	07:39		07:44	08:04	08:09	08:19					08:34	08:44	08:49	08:54		08:59	09:05	09:09
5	CG RILLIEUX	07:32	07:42	07:47		08:07			08:12	08:22			08:37	08:47	08:52	08:57	09:02		09:08	09:12
6	GR BOURGOIN JALLIEU	07:35	07:45		07:50	08:10					08:15	08:25	08:40	08:50	08:55	09:00		09:05	09:11	09:15
7	SC MOUANS SARTOUX	07:38	07:48	07:53		08:13	08:18	08:28					08:43	08:53	08:58	09:03	09:08		09:14	09:18
8	SPCOC	07:41	07:51		07:56	08:16			08:21	08:31			08:46	08:56	09:01	09:06		09:11	09:17	09:21
9	JL BOURG EN BRESSE	07:44	07:54	07:59		08:19					08:24	08:34	08:49	08:59	09:04	09:09	09:14		09:20	09:24
10	CORBAS GR	07:47	07:57		08:02	08:22	08:27	08:37					08:52	09:02	09:07	09:12		09:17	09:23	09:27
11	GR BOURGOIN JALLIEU	07:50	08:00	08:05		08:25			08:30	08:40			08:55	09:05	09:10	09:15	09:20		09:26	09:30
12	ASPTT NICE	07:53	08:03		08:08	08:28					08:33	08:43	08:58	09:08	09:13	09:18		09:23	09:29	09:33
13	ASPTT NICE	07:56	08:06	08:11		08:31	08:36	08:46					09:01	09:11	09:16	09:21	09:26		09:32	09:36
14	ALLOBROGE ANNECY	07:59	08:09		08:14	08:34			08:39	08:49			09:04	09:14	09:19	09:24		09:29	09:35	09:39
15	STADE LAURENTIN	08:02	08:12	08:17		08:37					08:42	08:52	09:07	09:17	09:22	09:27	09:32		09:38	09:42
16	AEB CHAMBERY	08:05	08:15		08:20	08:40	08:45	08:55					09:10	09:20	09:25	09:30		09:35	09:41	09:45
17	CORBAS GR	08:08	08:18	08:23		08:43			08:48	08:58			09:13	09:23	09:28	09:33	09:38		09:44	09:48
18	LYON GR	08:11	08:21		08:26	08:46					08:51	09:01	09:16	09:26	09:31	09:36		09:41	09:47	09:51
19	AJS LA GARDE	08:14	08:24	08:29		08:49	08:54	09:04					09:19	09:29	09:34	09:39	09:44		09:50	09:54
20	LA MONTILIENNE GR	08:17	08:27		08:32	08:52			08:57	09:07			09:22	09:32	09:37	09:42		09:47	09:53	09:57
21	CO BANDOL	08:20	08:30	08:35		08:55					09:00	09:10	09:25	09:35	09:40	09:45	09:50		09:56	10:00
22	ECULLY GR	08:23	08:33		08:38	08:58	09:03	09:13					09:28	09:38	09:43	09:48		09:53	09:59	10:03
23	SPCOC	08:26	08:36	08:41		09:01			09:06	09:16			09:31	09:41	09:46	09:51	09:56		10:02	10:06
24	SC MOUANS SARTOUX	08:29	08:39		08:44	09:04					09:09	09:19	09:34	09:44	09:49	09:54		09:59	10:05	10:09

